



Our Lady of Mercy Academy

Educating young women with Faith, Compassion, and Promise

Dear Parents/Guardians,

Serving the best interests of all the students, teachers and staff, if your daughter becomes sick it is often most appropriate to keep her home from school. A student who is sick will not be able to perform well in school and is likely to spread the illness to other students and staff.

Please make arrangements for your daughter if she is ill.

The NYS Center for School Health policy indicates that you should not send your child to school if she has:

1. Fever in the past 24 hours
2. Vomiting in the past 24 hours
3. Diarrhea in the past 24 hours
4. Chills
5. Sore Throat
6. Strep Throat (Antibiotic for 24 hours before returning to school)
7. Bad head cold, with a very runny nose or bad cough, especially if it has kept the student awake
8. Head lice, unless they have been treated

If your daughter becomes ill at school and is too sick to benefit from school or is contagious to others, it is school policy that she must go to the Nurse and have the Nurse reach out to her parents. The Nurse will call those listed on the Emergency Care Card to arrange a pickup. If your daughter is going to go home, please report to the Main Office upon arrival at OLMA to sign her out early.

If you know your daughter will be out sick, please call the Main Office at 516-921-1047 x110 to report her absence before 8:00 AM that day. You may also leave a message the night before. Upon her return to school, your daughter must bring a signed note detailing why she was absent with the date of her absence. This may be handed in to the Main Office or her homeroom teacher.

If you have any questions, please call the OLMA Health Office at 516-921-1047 x127.