



Our Lady of Mercy Academy

Educating young women with Faith, Compassion, and Promise

2020-2021 School Year

Dear Students, Parents, and Guardians,

Below is a comprehensive list of New York State required documentation that will be kept on file in the OLMA Health Office. Forms are available via the Parents tab on our website: www.OLMA.org.

All New Students: New entrants must have a current physical examination and up-to-date immunizations on file in the school Health Office within two weeks of entering school. The NYS issued Health Examination Form must be completed by a doctor. Please note, a physical is only valid for 365 days. If a student receives her physical mid-year, her next physical will be due at that time the following year. All students entering ninth grade should have received their first dose of Meningococcal conjugate (MenACWY).

All 11th Grade Students: Those entering 11th grade must have a current physical examination and up to date immunizations on file in the school Health Office within two weeks of the first day of school. All students entering 11th grade should have their second dose of MenACWY.

All 12th Grade Students: Those entering 12th grade must have proof of the MenACWY vaccine (brand names Menactra or Menveo) by September 14, 2020 or she will be excluded from school. A separate form is available on the website, and will be emailed to parents of seniors.

All Students Trying Out for Sports: All students planning to try out for sports at OLMA must have a current physical examination and up to date immunizations. Parents should keep a copy of the student's Health Exam Form to bring to the nurse for clearance on the first day of sports tryouts. A copy of the **Sports Health Update** form must be signed by the parents for each sport every season. This form will be made available with the tryout schedule.

All Medications: Prescription or over-the-counter medication must be in its original container or packaging. It also must be accompanied by a **Physician's Order** and the **Medication Permission Request Form**. If there are any changes to the original doctor's order, a new order must be sent in to the School Nurse and updated annually.

Self Medicate/Self Carry Form: This form is only accepted for inhalers, Benadryl, Epi Pens, insulin pens, and insulin pumps. A new **Medication Permission Request Form** and **Self Carry Form** must be signed by the doctor and parent and submitted every school year.

School Trip Permission Slips: Any student going on an overnight trip with the school must hand in the **Overnight Field Trip Form** and the **General Permission Form** in advance of the school trip.

Please call the OLMA Health Office with any questions or concerns: 516-921-1047 x(127).